Addo PAA Key

ADDO PAA SCORE AND ASSIGNED LEVEL

 SCORE
 1-87
 88-122
 123-157
 158-192
 193-227
 228-262
 263-296

 LEVEL
 1
 2
 3
 4
 5
 6
 7

RECOMMENDATIONS

LEVEL

1 - 2

CLINICAL PLAN

Prevention Stage Recommended Steps:

- Educational Materials (i.e. Books, Class, etc.)
- Discussion about last time, location and why they chose to look.
- Create a plan of other things to do during tempting moments.
- Contact list
- BE
 PRODUCTIVE!

3 - 4

Control Stage Recommended Steps:

- Educational Materials (i.e. Books, Class, etc.)
- Consider professional help to prevent escalated use.
- Consider 12-Step groups
- Discussion about last time, location and why they chose to look.
- Create a plan of other things to do during tempting moments.
- Contact list
- BE PRODUCTIVE!

5 - 7

Fight Stage Recommended Steps:

- Educational Materials (i.e. Books, Class, etc.)
- Professional help is essential
- 12-Step groups
- Locate a sponsor
- Discussion about last time, location and why they chose to look.
- Create a plan of other things to do during tempting moments.
- Contact list
- BE PRODUCTIVE!

